

Managing populations, one person at a time at Truman Medical Center

Meet Stacy Rawlings

46 years old | Raytown, Mo.

⚠️ Diagnosis

Stacy was admitted to the Truman Medical Center Emergency Department with high blood pressure. Upon admission, she presented with symptoms of urinary retention and peripheral neuropathy and was diagnosed with new onset diabetes with:

- ⚠️ Elevated blood sugars in the 400s
- ⚠️ Hb A1C of 14.2
- ⚠️ BMI of 32

⊕ Treatment

Stacy's physician, Jacob Shepherd, MD, prescribed medication to help Stacy manage her health — Lisinopril 40 mg, per day; Norvasc 10 mg, per day; Lantus 45U, at night and Humalog 10U, with meals. Stacy continued to visit Shepherd, receiving personalized care and the advice she needed to get to a healthier state.



Stacy Rawlings
Patient

✓ Care

To prepare for Stacy's visits, Shepherd used the registries and scorecards solution to get a holistic view of what clinical best practices Stacy completed and what needed to be done according to her conditions.



By using the registries and scorecards solution for pre-visit planning, I've been able to be more efficient, and my patients feel more cared for and valued. Within a single view, I can identify what clinical best practices are completed or not completed, providing patients, like Stacy, the quality care they deserve.

Jacob Shepherd, MD



Listening to Dr. Shepherd was the first step in changing my health. Implementing his advice is what made me successful. I feel better, stronger and happier knowing I am on the right track for both myself and my family.

Stacy Rawlings



✓ Outcomes

Eleven months later, Stacy is healthier and happier. She is motivated to work on her diet and exercise. She keeps up with the plan in the registries and scorecards solution. She has made great strides by reducing:

- ✓ BMI from 32 to 29.8
- ✓ Two blood pressure medications to one
- ✓ Medication dosage (Lisinopril 40 mg to 35 mg and Humalog from 10U to 1-2U)
- ✓ A1C from 14.2 to 6.4

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